**The Palmetto Monitor**

Columbia Chapter 71 -- The Mended Hearts, Inc.

***The Philip Monfils/Marge McAndrews Memorial Chapter***

**Palmetto Health Heart Hospital** -- Columbia, South Carolina

2nd Tuesday of Even months @ 5:30 p.m. -- The ***Foundation Room***  -- 4th Floor Palmetto ***Health Heart Hospital***

October 2017 “Giving hope and encouragement”



***We’re happy to be alive***

***…and to help others!***

**Chapter 71 now has its regular meetings on the 2nd Tuesday of even-numbered months only -**

**February, April, June, August, October & December.**

**October Kick-Off Meeting**

 PHHH Administrator Jim Kreiner is arranging our October program to let us know about what’s happening with PH. We know it will be good.

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**Tuesday @ 5:30**

**October 10th**

**Foundation Room**

**Palmetto Health Heart Hospital**

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***We do promise some TREATS @ our October meeting, but NO tricks!***

**President Francee’s Greeting to You**

 ***Welcome to Mended Hearts, and Happy Halloween.  We'll try to make it the best you've seen.  We'll have some treats and a chance to learn more about heart issues, make some new friends and get more involved in your own heart health.  Look forward to seeing you on October 10th.***

***Great August Program***

 We enjoyed hearing from Gerald Kemp, until recently the ***Mended Hearts' Area Regional Director*** and longtime friend of our Chapter 71. He updated us about our national ***Mended Hearts*** organization and talked about the recent Nashville national convention.

 Francee & Gerald work together as ***National Advocates*** and are the only ones from South Carolina. We want to thank Jerry & Maria Hanley for providing the delicious croissant sandwiches in Gerald’s honor at our August meeting.

 Let Francee know if you’d like to bring refreshments for one of our meetings.

**NEW PROGRAMS**

 We have some good programs planned & hope you’ll be there to benefit from each one. Do plan to come to them all & not take the chance of missing something great.

 We look forward to hearing from medical professionals, medical testing experts, pharmacists, dietitians, & exercise therapists doing programs.

**MH Chapter 71 Officers**

***President***

***Francee Levin***

***Executive VP***

***Paul Burgin***

***Financial VP***

***Charles Kneece***

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**Appointed Positions**

***Visitation***

***Jerry Hanley***

***Teaching***

***Paul Burgin***

 If you would like to assist the leadership or help our chapter in some way, please let one of the officers know.

 Our ***Visitation Chairman*** is Jerry Hanley, ably assisted by others.

 Paul is also now teaching the classes in ***Cardiac Rehab***.

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***Mailing & E-Mailing Lists***

 Clearly this will always be a “work in progress” as members move & new people visit our chapter! Now we only email our newsletters. We need to be **green** so please help us update our email list. Make changes to Paul Burgin @ pburg456@aol.com or Francee Levin @ francee@bellsouth.net.

**Membership in**



 Don’t let your membership expire. ***It is great to be alive and to help others*** and ***truly*** special to be a part of ***Mended Heart****s*! Stay an active member!

 If you haven’t joined yet just fill out the form on our brochure and drop it in the mail. New members don’t have to pay the $10 local chapter dues their first year. National dues are now $20 for individuals and $30 for families annually. ***Still a bargain!***

 You do have to be an active member to be a ***Visitor***, or to serve as an officer in ***Mended Hearts***.

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***Visitation***

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 Our **Visitation Team** encourages patients, families & even the staff in the hospital. We are thankful for every ***Visitor***.

 If you’re already a ***Visitor*** then you know what a privilege it is to visit in ***Palmetto Health Heart Hospital***. This is one of the most important things we do in ***Mended Hearts***.

  ***Visitation Chairman*** Jerry Hanley heads up our ***Visitation Program*** with Charles Kneece. Paul Burgin, Will Benton, Kathy Folks (& others soon) also visiting encouraging those affected by heart disease.

 All ***Visitors*** and teachers in the ***Cardiac Rehab*** classes are approved as ***Palmetto Health Richland*** **Volunteers** and do ***Mended Hearts***’ ***Visitor Training*** as well. ***Visitors*** must have had a “heart episode” and surgical procedure of some kind. ***Visitors need to be up-to-date on their membership renewals to visit.***

 Let Jerry know if you want to be a ***Visitor*** for ***Mended Hearts***. You will likely discover that you will get the most out of it.

**Thanks for not wearing fragrances to Mended Hearts.**

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 Thank you for not wearing fragrances to our meetings as we know fragrances trigger some arrhythmias for of one of our members. Thanks for respecting our speakers by not talking -- and for keeping cell phones silent -- during all programs.

 We thank ***Palmetto Health Heart Hospital*** for all they do to help ***Mended Hearts***!

**Mended Hearts**

**Prayer**

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 ***We give thanks, Oh Lord, for every blessing, especially the gift of restored health, and for those medical and other hospital staff who ministered to us so skillfully in every way.***

 ***We ask for continued health so that we may pass it on to others, giving hope and encouragement.***

 ***Grant us wisdom and compassion that we may use all our gifts well.*** MHP -- May 11, 1999

**Come to the October meeting**

**& bring a friend.**

**Remember we’ll have *treats* … but *NO* tricks.**

***Want to know more about Mended Hearts?***

***Just go to*** [***www.mendedhearts.org***](http://www.mendedhearts.org)**.**

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