Our motto is

It is great to be alive ....
And to help others”

Many of our members have personally faced the unknown and the fears that come with the announcement “You have heart failure”.

Maybe you were told something about your heart health or even the heart health of your loved one that left you puzzled and confused. In any case we are here to give you support.

Our peer-to-peer support group has members with experience from many different heart events. Everything from early intervention with medicines, by-pass surgery, valve repairs to major operations. Many are willing to share their journey.

As an example, we have two members with heart transplants and one with a LVAD (Left Ventricular Assist Device) also commonly called a heart pump. All three of them are very thankful of the new technologies in place and they will be glad to tell you how “it is great to be alive” and they are willing to share their experiences with you.

Mended Hearts Chapter 12 members are very willing to “help others” overcome the stress of dealing with life’s obstacles by sharing their experience.

Please come and join us at our meetings to learn how we cope with heart disease. Listen to invited guest speakers including doctors, specialist and other health related professionals.

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2020 – 2021
Chapter 12 Officers

President  Lloyd Jeffries
            311bfc@gmail.com
Vice President  Rick Whitney
                 dwhitney@hot.rr.com
Secretary  Millie Henn
          milliehenn4@gmail.com
Treasurer  Letty Rucker
            lruckl@aol.com
Visiting Chairman  Lloyd Jeffries
                 311bfc@gmail.com

Accredited Visitors
Tammy Craddock
Millie Henn
Susan Hollas
Lloyd Jeffries
David Nix
Paul Weis
Valarie Weis
Rick Whitney

Suggested Websites
https://mendedhearts.org/
https://connect.mendedhearts.org/home
https://www.heart.org/en/
https://www.heartmate.com/patient
https://unos.org/

Mended Hearts
Central Texas – Chapter 12
Temple, Texas

A Support Group for Heart Patients
and their families/caregivers.

In partnership with
Baylor Scott & White
Medical Center

40th Anniversary March, 2020
National

❤ National non-profit organization
❤ Over 300 chapters serving in over 460 hospitals and care facilities
❤ Largest peer-to-peer heart support network in the world
❤ Volunteers have been offering the gift of hope to heart disease patients, their families and caregivers for more than 65 years
❤ Accredited volunteers annually average more than 215,000 visits to heart patients and their families
❤ The mission of Mended Hearts is to “inspire hope in heart disease patients and their families”

Accredited Visitors

Local chapters use the National Mended Hearts “accreditation” program for training visitors to visit with patients and their families. Accredited members provide moral support to Heart Patients and their families by reaching out to them. Mostly those that are in the hospital but also by phone and email.

Monthly Meetings

Everyone is welcome to attend our monthly meeting – Heart Patients, families, caregivers and those merely interested in learning more about heart disease.

➢ 4th Thursday of these months
  • Jan, Feb, Mar, Apr, May
  • Aug, Sep, Oct
➢ 5:45 to 6:30 PM “Get acquainted” time
➢ 6:30 to 7:15 PM Featured speaker
➢ 7:15 to 7:30 PM Q & A time
➢ 7:30 to 8:00 PM Short info session concerning the local chapter
➢ Refreshments provided by members

Our National Sister organization is:

Are you a parent or caregiver of a child with a congenital heart defect? Then download our Mended Little Heart Guide, a valuable resource that will answer many of your questions.

https://mendedhearts.org/heart-guides

We do not have a local support group as of this date but much information can be found at the National website.

https://mendedhearts.org/

BaylorScott & White Center for Diagnostic Medicines
S. 31st and Ave R
Temple, TX
Room: 1715 (1st floor)

Come and join us for peer-to-peer conversations
Learn more about heart disease from those that have “Been there - Done that”